

BCPG Steering Group minutes Meeting held at Grange Road Community Centre 5th December 2018

Present:

Jan Arriens(Chair), Pat Morrison (PM), Len Williams(LW), Christine Williams(CW), Sylvia Payne(SP), Jeremy Hall(JH), Sue Midwood(SM), Jean Rice(JR), Sarah Wood(SW)

1. Minute secretary. SW offer to take minutes was gratefully accepted.
2. No apologies.
3. **Minutes** of meeting on 5th September 2018 were approved without alteration.
4. **Matters arising.** The issue of First responders was raised at the SPG meeting with support from other practices. It is hoped that WMAS will visit SPG to address our concerns.
5. **Resignation.** It is with regret that Len Williams resignation from the group was accepted. His contribution was acknowledged with thanks. LW offered to continue to support the group where he could. In particular he would manage the SPG rota. **JA to draft a notice to recruit a new member. JR to place in Surgery and Pharmacy.**
6. **GP Slot** As expected there was no one available as the surgery was having a training day.
7. **Future Fit consultation.** Variety of responses were discussed with the continuing dilemma about transport problems to Telford.
8. **NHS changes.(PM)** Nothing to report
9. **Community services. (CW).** Social Prescribing has been re-named Healthy Lives Social Prescribing (HLSP). This failed to get established in BC in the summer. **Claire Sweeney** has been appointed as Senior Advisor at the BC surgery with responsibility for HLSP. She will be at the surgery for half a day per week. There are various strategies to extend the take up of the service, these include adding self referral, and referral from community physiotherapists. This is in addition to referral from GP's. Forms for self referral will be available at the surgery. Surgery also planning an audit of patients to identify those at risk of cardio/vascular disease for referral to HLSP.

Elevate is a new initiative run by Dan Lewis from SPARC gym. This is to encourage Postural Stability which will reduce risk of falls. Referrals can be made by GP, HLSP and Jeremy (.Practice Care Coordinator) (JH)

Dementia friendly community. (DFC) is trying to get BC recognised as a DFC. This involves a lot of paper work and is monitored by the Alzheimer's Society.

Intergenerational playgroup is held in Norbury Village Hall 1st Wednesday 10am to 11.15

Forget me not cafe is running well every Tuesday 14.00 to 15.00 at Keegan Court.

Osteoporosis awareness session was held at Norbury Village Hall . This was well attended by 35. There were no referrals from our own surgery.

10. **Communication task group.(JR)** It was agreed to NOT hold an Annual meeting for the Patients group or a Survey until we knew the result of the Future Fit consultation. The logic was that with a specific issue there would be a better response and attendance. We could possibly invite a speaker to the meeting to explain the outcome. LW reported that the SPG were hoping to run a training course about setting up a Facebook page for patients' groups. It was acknowledged that Facebook would be a good way to encourage the participation of younger patients. Many problems were discussed but we will defer a decision until after the course. **LW volunteered to attend the course and report back.** His offer was gratefully accepted. **SPG** chair is now Jane Niblock. Sue Midwood expressed a wish to attend all the SPG meetings. It was agreed that another member of the group would accompany her. LW offered to continue to manage the rota with the help of CW. Members to notify them if unable to attend.
11. **AOB.** None.
12. **Next meeting Wednesday 20th March 2019. 14.00 at Grange Road Community Centre.**

Meeting closed at 15.00.